Patient: Please complete both sides and return in the enclosed envelope. Please check each answer for every question to the best of your recollection. The confidential information you provide here is an important part of a special project we are doing to help improve our understanding of how life events affect one's health.

Use a pen, place a \checkmark or an \times in the appropriate box or fill in the blank space where applicable.

For example: 🕅 OR 📝 or Month August Year <u>1997</u>

- 1. What is your birthdate? Month _____ Year
- 1b. In what state were you born? State

□ I was born outside of the U.S.

Male

- 2. What is your sex?
- Female 🗖

3a. What is your race?

Asian Black	_	American Indian	
White		Other	

- 3b. Are you of Mexican, Latino, or Hispanic origin? Yes □ No □
- 4. Please check how far you've gone in school. (Choose one.)

Didn't go to high schoolImage: Constraint of the schoolSome high school graduate or GEDImage: Constraint of the school graduate or GEDSome college or technical schoolImage: Constraint of the school graduate4 year college graduateImage: Constraint of the school graduate

5. What is your <u>current</u> marital status? Are you now...

Married

Separated 🗍

Not married but <u>living together</u> with a partner Widowed Divorced

Never married

6a. How many times have you been married?

1 (J 2	٥	3 🗖	4 or more	
Nev	ver ma	arried	1 🗖		

6b. During what month and year were you first married?

Month	Year	
Never married		

7a. Which of the following best describes your current employment status?

Men's

Full-time (35 hours or more) □ Part-time (1-34 hours) □ Not employed outside the home □

If you are currently employed outside the home:

7b. How many days of work did you miss in the past 30 days due to stress or feeling depressed?

Number of days: ____

7c. How many days of work did you miss in the past 30 days due to poor physical health?

Number of days: _____

8. For most of your childhood, did your family own their home?

Yes 🛛 🛛 No 🗖

9a. During your childhood, how many times did you move residences, even in the same town?

Number of times: ____

Age:

9b. How long have you lived at your <u>current</u> residence?

Less than 6 months	
Less than 1 year	
Less than 2 years	
2 or more years	

- 10. How old was your mother when you were born?
- 11a. How much education does/did your mother have? (Choose one.)
 Didn't go to high school
 Some high school
 High school graduate or GED
 Some college or technical school
 College graduate or higher
- 11b. How much education does/did your father have? (Choose one.)

Didn't go to high schoolImage: Constraint of the schoolSome high school graduate or GEDImage: Constraint of the schoolSome college or technical schoolImage: Constraint of the schoolCollege graduate or higherImage: Constraint of the school

12a. Have you smoked at least 100 cigarettes in your entire life?

Yes 🗍 No 🗍

- 12b. How old were you when you began to smoke cigarettes fairly regularly? Age:_____
- 12c. Do you smoke cigarettes now? Yes 🗇 No 🗇
- 12d. If "Yes": on average, about how many cigarettes a day do you smoke?

Number of cigarettes:_____

PERMANENTE

If you used to smoke cigarettes but don't smoke now:

13a. About how many cigarettes a day did you smoke?

Number of cigarettes: _____

13b. How old were you when you quit?

Age: ____

During your first 18 years of life:

14a. Did your father smoke?

Yes 🗇 🛛 No 🗇

- 14b. Did your mother smoke? Yes 🗇 No 🗇
- 15a. During the past month, about how many <u>days per week</u> did you exercise for recreation or to keep in shape?

0	1 🗖	2 🗖	3	4	٥
5	6 🗖	7 🗖			

15b. During the past month, when you exercised for recreation or to keep in shape, <u>how long</u> did you usually exercise (minutes)?

0 🗖	1-19 🗖	20-29 🗖
30-39 🗖	40-49 🗖	50-59 🗖
60 or more		

16a. How old were you when you had your first drink of alcohol other than a few sips?

> Age: ______ Never drank alcohol 🗍

During each of the following age intervals, what was your usual number of drinks of alcohol per week?

16b1. <u>Age 19-29</u>			
None less than 6/week		7-13/week 14 or more/week	
16b2. Age 30-39	?		
None less than 6/week		7-13/week 14 or more/week	
16b3. <u>Age 40-49</u>	2		
None less than 6/week		7-13/week 14 or more/week	
16b4. <u>Age 50 ar</u>	nd olde	<u>er</u>	
None less than 6/week		7-13/week 14 or more/week	
	er, wii	nonth, have you ne, wine coolers,	
COCKIAIIS O	. nquo	Yes 🗍 No	

Please continue on the other side.	
Make sure you fill in the answer box	;
with an 🗙 or 🖌 with pen.	

Men's

16d. During the past month, how many <u>days per week</u> did you drink any alcoholic beverages on average?

> 0 □ 1 □ 2 □ 3 □ 4 □ 5 □ 6 □ 7 □

16e. On the days when you drank, about how many <u>drinks per day</u> did you have on average?

> $1 \square 2 \square 3 \square 4 \text{ or more } \square$ didn't drink in past month \square

16f. Considering all types of alcoholic beverages, how many times during the past month did you have 5 or more drinks on an occasion?

Number of times:

16g. During the past month, how many times have you driven when you've had perhaps too much to drink?

Number of times: _____

16h. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

Number of times: _____

- 17. Have you ever had a problem with your use of alcohol?Yes □ No □
- 18. Have you ever considered yourself to be an alcoholic?
 Yes □ No □
- 19a. During your <u>first 18 years of life</u> did you live with anyone who was a problem drinker or alcoholic?

Yes 🗇 🛛 No 🗖

19b. If "Yes": check all who were:

Father	Other Relative	
Mother	Other non-relative	
Brothers	Sisters	

20. Have you ever been married to someone (or lived with someone as if you were married) who was a problem drinker or alcoholic?

Yes 🗇 🛛 No 🗇

21a. Have you ever used street drugs?

Yes \square No 🗖

21b. If "Yes": How old were you the first time you used them?

Age: _____

- 21c. About how many times have you used street drugs?
- 21d. Have you ever had a problem with your use of street drugs?
 - Yes 🗍 🛛 No 🗍

21e. Have you ever considered yourself to be addicted to street drugs?

Yes 🔲 🛛 No 🗖

- 21f. Have you ever injected street drugs? Yes □ No □
- 22. Have you ever been under the care of a psychologist, psychiatrist, or therapist? Yes □ No □
- 23a. Has a doctor, nurse, or other health professional ever asked you about family or household problems during your childhood? Yes □ No □
- 23b. How many close friends or relatives would help you with your emotional problems or feelings if you needed it?

None	1	
2	3 or more	

While you were growing up, during your first 18 years of life:

- 24. Did you live with anyone who used street drugs? Yes □ No □
- 25a. Were your parents ever separated
 - or divorced? Yes 🗍 No 🗍
- 25b. Did you ever live with a stepfather?

Yes 🗍 🛛 No 🗍

25c. Did you ever live with a stepmother?

Yes 🗍 No 🗍

26. Did you ever live in a foster home?

Yes 🗍 🛛 No 🗍

- 27a. Did you ever run away from home for more than one day?
 - Yes 🗍 🛛 No 🗍
- 27b. Did any of your brothers or sisters run away from home for more than one day? Yes I No I
- 28. Was anyone in your household depressed or mentally ill?
 - Yes 🛛 🛛 No 🗖
- 29. Did anyone in your household attempt to commit suicide?
 - Yes 🗍 🛛 No 🗍
- 30a. Did anyone in your household ever go to prison?
 - Yes 🗇 🛛 No 🗇
- 30b. Did anyone in your household ever commit a serious crime?

Yes 🗍 🛛 No 🗖

31a. What is the most you have ever weighed?

Weight in pounds:

31b. How old were you then?

Age: _____

PERMANENTE

KAISER

- 32a. Have you ever attempted to commit suicide? Yes □ No □
- 32b. If "Yes": how old were you the <u>first</u> time you attempted suicide?

Age: ____

32c. If "Yes": how old were you the <u>last</u> time you attempted suicide?

Age	

32d. How many times have you attempted suicide?

Number of times:

32e. Did any suicide attempt ever result in an injury, poisoning or overdose that had to be treated by a doctor or nurse?

Yes 🗖 🛛 No 🗖

No 🗖

In order to get a more complete picture of the health of our patients, the next three questions are about <u>voluntary</u> sexual experiences <u>only</u>.

33a. How old were you the first time you had sexual intercourse?

Never had intercourse 🗖

33b. With how many different partners have you ever had sexual intercourse?

Number of partners:

33c. During the past year, with how many different partners have you had sexual intercourse?

Number of partners:_____

- 34a. Have you ever gotten someone pregnant? Yes □
- 34b. If "Yes": how old were you the first time you got someone pregnant?

Age: _____

Never got someone pregnant \Box

34c. What was the age of the youngest woman you ever got pregnant?

Age: _____

Never got someone pregnant

34d. How old were you then?

Age:__

Men's

Sometimes physical blows occur between parents. While you were growing up in	39. People in your family called you things like "lazy" or "ugly".
your <u>first 18 years of life</u> , how often did your father (or stepfather) or mother's boyfriend do any of these things to your mother (or stepmother)?	Never true
35a. Push, grab, slap or throw something	40. Your parents were too drunk or to take care of the family.
at her?	Never true 🔲 Often true
Never	Rarely true 🔲 Very often tr Sometimes true 🗍
35b. Kick, bite, hit her with a fist, or hit her with something hard?	41. There was someone in your fami who helped you feel important o special.
Never	Never true
35c. Repeatedly hit her over at least a few minutes?	42. You had to wear dirty clothes.
Never 🗇 Often 🗇	Never true
Once, twice I Very often I Sometimes I	Sometimes true 🗖 43. You felt loved.
35d. Threaten her with a knife or gun, or use a knife or gun to hurt her?	Never true 🗇 Often true Rarely true 🗇 Very often tr
Never 🔲 Often 🗍	Sometimes true 🗖
Once, twice Very often Sometimes	44. You thought your parents wished had never been born.
Some parents spank their children as a form of discipline. While you were growing up during the <u>first 18 years of</u>	Never true
<u>life</u> : 36a. How often were you spanked?	45. People in your family looked ou each other.
Never \square Many times a year \square	Never true 🔲 Often true
Once or twice 🗍 Weekly or more 🗍	Rarely true
A few times a year 36b. How severely were you spanked?	46. You felt that someone in your fa hated you.
Not hard 🗇 Quite hard 🗇	Never true 🔲 Often true
A little hard 🗇 Very Hard 🗇 Medium 🗂	Rarely true 🗇 Very often t Sometimes true 🗇
36c. How old were you the last time you	47. People in your family said hurtf insulting things to you.
remember being spanked? Age:	Never true
While you were growing up, during the first 18 years of life, how true were each	Sometimes true 48. People in your family felt close
of the following statements:	each other. Never true
37. You didn't have enough to eat.	Rarely true 🔲 Very often t
Never true	Sometimes true 49. You believe you were emotional
	abused.

38. You knew there was someone to take care of you and protect you.

Never true		Often true	J
Rarely true		Very often true [
Sometimes true	e 🗖		

	Never true Rarely true Sometimes true		Often true Very often true	
40	. Your parents to take care of		oo drunk or higl amily.	n
	Never true Rarely true Sometimes true		Often true Very often true	
41	. There was son who helped yo special.	neone ou fee	in your family l important or	
	Never true Rarely true Sometimes true		Often true Very often true	
42	. You had to we	ear di	ty clothes.	
	Never true Rarely true Sometimes true		Often true Very often true	
43	. You felt loved	l.		
	Never true Rarely true Sometimes true		Often true Very often true	
44	. You thought y had never bee	your p n bor	oarents wished yo n.	ou
	Never true Rarely true Sometimes true		Often true Very often true	
45	. People in you each other.	r fam	ily looked out fo	r
	Never true Rarely true Sometimes true		Often true Very often true	
46	. You felt that shated you.	someo	ne in your famil	y
	Never true Rarely true Sometimes true		Often true Very often true	
47	7. People in you insulting thin		ily said hurtful o you.	r
	Never true Rarely true Sometimes true		Often true Very often true	
48	B. People in you each other.	ır fam	ily felt close to	
	Never true Rarely true Sometimes true		Often true Very often true	
49	You believe y abused.	ou we	ere emotionally	
	Never true Rarely true		Often true Very often true	

KAISER PERMANENTE

50. There was someone to take you to the doctor if you needed it.

Never true Rarely true Sometimes true	Very often true
---	-----------------

51. Your family was a source of strength and support.

Never true		Often true 🛛 🗌
Rarely true		Very often true 🗖
Sometimes tru	.e 🗖	

Sometimes parents or other adults hurt children. While you were growing up, that is, during your first 18 years of life, how often did a parent, stepparent, or adult living in your home:

52a.	Swear at you, insult you, or put you down?						
	Never Once, twice Sometimes		Often Very often				
52b.	Threaten to 1 something at	nit you you, l	a or throw out didn't do it?				

Never	Often	
Once, twice	Very often	
Sometimes	-	

52c. Actually push, grab, shove, slap, or throw something at you?

Never	Often	
Once, twice	Very often	Ο
Sometimes	-	

52d. Hit you so hard that you had marks or were injured?

Often Never Very often 🖸 Once, twice ō Sometimes

52e. Act in a way that made you afraid that you might be physically hurt?

Never	Often	
Once, twice	Very often	
Sometimes	•	

Please continue to the next page

Sometimes true

Men's

KAISER PERMANENTE

Some people, while growing up in their first 18 years of life, had a sexual experience with an adult or someone at least five years older than themselves. These experiences may have involved a relative, family friend, or stranger. During the first 18 years of life, did an adult or older relative, family friend, or stranger ever:

		The first ti this happe how old were you?	ned, happe again	did this en st your	The last t this happ how old were you	ened,	About how many time did this happen to	v n es d p	low hany ifferent eople did his to you?		-
53a. Touch or fondle ye a sexual way?	-	age	Yes No		age	_	times	_	people	Male Bot	Female h
	If "Yes" →										
54a. Have you touch th sexual way? Yes □ No □	If "Yes" →	age	_ Yes No		age	_	times		people	Male Bot	Female h
55a. Attempt to have a sexual intercourse vaginal) with you?	ny type of (oral, anal, or	age	- No		age	_	times		people	Male Bos	Female th
56a. Actually have any sexual intercourse vaginal) with you?	type of (oral, anal or	age	- Yes No	_	age		times		people	Male Bo	Female
Yes 🗍 No 🗍	If "Yes" →			5							
If you answered "No" to 6 4 questions (53a-56a) abor experiences with older po	ut sexual	58d	. Being physi powered to	ically for make yo	u participat	e?	d	o this to y	_		someone
skip to question 61a.	ersons, piease				Yes 🗖	No 🗆		Once, Twice		More	. —
Did any of these sexual ex adult or person at least 5 you involve:		n	. Have you ev or other hea these sexual	alth prof	essional abo		62a. A a w	nyone eve vith harm	t (age 19 or force or t in order to	hreaten y	lid y ou
57a. A relative who lived	•	? 59Ъ • 🗖	 Has a theragonal suggested to sexually abuse 	o you tha	t you were	er		ontact?		Yes 🗆	No 🗖
57b. A non-relative who home?	Yes 🗍 No	60.	Do you thin abused as a	nk that y	Yes 🗖	No 🗆 tually No 🗖	S	omeone to or trying to	id the conta ouching you o have inter anal, or vag	ir sexual course w	parts
57c. A relative who didn' home?	-	D Apa	art from othe ve already to	er sexual old us abo	experiences	you		f "Yes": h lo this to y	ow many ti you?	mes did	someone
57d. A family friend or p knew and who didn	erson whom yo 't live in your	we	re growing uj urs of life:				3	Once, Fwice	□	More	_
home? 57e. A stranger?		> □ _{61a}	Did a boy of your own a threaten yo	ge ever f	orce you or		62d. I		ntact involv		ne
57f. Someone who was s taking care of you?			have sexual			No 🗍	(oral, anal	, or vaginal)	^{9?} Yes 🗖	No 🗖
57g. Someone you truste		o □ 61t	b. If "Yes": di someone to	ouching y	our sexual	parts		f "Yes": h lo this to	low many ti you?	mes did	someone
o , g. Comoone year a moo			(oral or and		tercourse with Yes 🗖	No 🗖	•	Once, Twice		6-10 t More 10 tin	· _
Did any of these sexual ex	cperiences involu		c. If "Yes": he	ow many	times did s	omeone		3-5 times		10 11	nes 🛛
58a. Trickery, verbal per pressure to get you		010	do this to y Once,			mes 🗖		Thank yo in ink.	ou for compl	eting this	form
1		o □	Twice		More	than _			back and n		
58b. Being given alcohol		—	3-5 times		10 tim	es 🗆			arks fill the		
		o 🗖 🛛 🗖 🗖	d. Did the con		olve a perso rcourse wit			If you are	e unsure abo	out any o	f your
58c. Threats to harm you	ı if you didn't		(oral or an			No 🗖			or would lik privately, pl		
participate?	Yes 🗍 N	0 🗖			Yes 🗖			medical e			